

CoGHSTA prioritizes the mental and physical wellbeing of CDWs during Wellness Day

The Limpopo Department of Human Settlements and Traditional Affairs (CoGHSTA) pulled out all the stops to ensure that the physical, social and mental health of employees is achieved as it hosted a Wellness Day earmarked for Community Development Workers (CDWs) in all districts.

The event was held at Bolivia Lodge in Polokwane on 4 August 2026 aimed at providing psychosocial support to CDWs who find themselves struggling with balancing work and life, gambling, eating healthy which in turn affects their code of conduct in the workplace.

Speaking on behalf of the Head of Department, Corporate Services Deputy Director-General Ms. Seriana Kgoahla urged that attendees listen attentively, participate and most importantly learn from the presentations of the day for the betterment of your wellbeing.



DDG for Corporate Services, Ms. Seriana Kgoahla speaking during the CDW Wellness Day event at Bolivia Lodge.



CoGHSTA hosted a Wellness Day event for 352 Community Development Workers in the province.



The CDW Wellness Day promoted the mental, physical and social wellbeing of CDWs to best perform their day-to-day duties.



CDWs are the bridge between government and communities.